



## HEDIS Hints

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**Statin Therapy for Patients With Diabetes (SPD) Measure**

# Statin Therapy for Patients With Diabetes (SPD) Measure

- What does NCQA's Statin Therapy for Patients With Diabetes (SPD) Measure?
- Examples of Best Practices
- Common Codes to Improve This Measure
- Questions

# What is NCQA's SPD Measure?

- The SPD measure monitors the percentage of members 40-75 years of age during the measurement period with Diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who:
  - Received Statin Therapy – Members who were dispensed at least on stating medication of any intensity during the measurement year.
  - Statin Adherence 80% – Members who remained on a statin medication of any intensity for at least 80% of the treatment period.
- Health Plans must identify members as diabetic by:
  - Claims or encounter data: coded in the measurement year or prior year.
  - Pharmacy data: dispensed insulin or hypoglycemic/antihyperglycemics during the measurement or the prior year.
- A member only needs to be identified by one of the above identifiers to be included in this measure.

# What is NCQA's SPD Measure?

- Members may be excluded from this measure; below are some examples of exclusions criteria:
  - Diagnosed with a cardiovascular disease identified in the measurement year or year prior.
  - Pregnancy identified in the measurement year or year prior.
  - In vitro fertilization identified in the measurement year or year prior.
  - ESRD or dialysis identified in the measurement year or year prior.
  - Cirrhosis identified in the measurement year or year prior.
  - Myalgia, myositis, myopathy or rhabdomyolysis identified in the measurement year.
  - Using hospice or using hospice services in the measurement year.
  - Receiving palliative care during the measurement year.
- This measure **is only an administrative measure** which means that the only way to get credit for this is to submit the appropriate code on a claim.
- Health Partners Plans **may not perform** medical record review for the AAP measure.

# Examples of Best Practices Documentation

- Review member medication profile to confirm current statin therapy and to determine statin use history.
- Educate members on:
  - Importance of staying on the medication.
  - Proper dose, frequency route and timing of the medication.
- Convert member's statin medication to a 90-day supply at mail order or retail pharmacy to boost adherence.
- Schedule proper follow-up with the members to evaluate if medication is taken as prescribed.

# Examples of Best Practices Documentation

- If member reports any adverse reactions to their current statin explore the following:
  - Dose reduction
  - Statin medication change
  - Alternate-day dosing.
- Review missing pharmacy refills to ensure members are getting timely refills and make sure prescription instructions are up to date.
- Integrate statin therapy evaluation into every encounter with a diabetic member.
- Code to the highest specificity using guidelines.

# Common Codes to Improve This HEDIS Measure

- ICD-10:
  - Diabetes: E10.9, E11.9, E11.42, E11.59, E11.65, E11.69, E13.9
- CPT:
  - Online assessments: 98970, 98971, 98972, 99421, 99422, 99423, 99457
  - Telephone visits: 98966, 98967, 98968, 99441, 99442, 99443
- HCPCS:
  - Online assessments: G0071, G2010, G2012

# Questions?

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