

# **Annual Wellness Visits**

### **MEDICARE AWV OVERVIEW**

The Medicare Annual Wellness Visit (AWV) is a preventive visit covered by Medicare at no cost to patients. An AWV is an opportunity to connect with patients and focus on issues that may be overlooked during other visits (i.e., sick visits, follow up visits).

Welcome to Medicare Visit	Initial Medicare Annual Wellness Visit	Subsequent Medicare Annual Wellness Visit	
(G0402)  Medicare pays for one per	(G0438)  ☐ Applies the first time a beneficiary receives an AWV	(G0439)  ☐ Applies to all AWVs after a beneficiary's initial AWV	
lifetime  Must be done in first 12 months of Part B coverage	Patient is eligible after the first  12 months of Part B coverage	☐ No AWV within the past year	
	Patient hasn't completed a Welcome to Medicare Visit in the past 12 months		

# **Patient Examples**

Three Medicare members want to schedule a preventive visit with you.



### **Danielle**

New to Medicare

According to Medicare criteria, Danielle is eligible for a **Welcome to Medicare Visit** because she enrolled in Medicare less than 12 months ago.



## **Brian**

Has had Medicare for 18 months months, but has not had an Annual Wellness Visit

According to Medicare criteria, Brian is eligible for an **Initial Medicare AWV** because he's had Medicare for longer than 12 months and has never had an AWV.



#### Julia

Has had Medicare for 3 years, had an initial Medicare AWV 13 months ago

According to Medicare criteria, Mary is eligible for a **Subsequent Medicare AWV** because she's had Medicare longer than 12 months and it's been at least 12 months since her initial AWV.

# APPOINTMENT STRUCTURE

Annual Wellness Visits are not yearly physicals. You are encouraged to gather important patient information so a long-term care plan can be developed. This may include:





**Patient History** 



Current Care Providers



**Current Medications** 



Screenings

# VISIT COMPARISON

The Centers for Medicare and Medicaid Services requires a number of components for each type of each visit.

Required Components	Welcome to Medicare Visit	Initial Medicare Annual Wellness Visit	Subsequent Medicare Annual Wellness Visit
Establish/update Health Risk Assessment		$\checkmark$	
Document height, weight, BMI and blood pressure		<b>✓</b>	
Document current medications and supplements			
Review current opioid prescriptions and assess pain and risk factors.		<b>✓</b>	
Establish/update a list of current providers		$\checkmark$	
Obtain and document medical, surgical and family history		<b>✓</b>	
Establish/update a list of the patient's risk factors, conditions and treatment options		<b>✓</b>	
Depression screening		<b>✓</b>	<b>✓</b>
Assess cognitive function			<b>✓</b>
Visual acuity screening			
One time EKG/ECG Screen			
Review patient's functional ability and level of safety		<b>✓</b>	
Advance Care Planning (with patient consent)		<b>✓</b>	
Provide education, counseling and referrals based on visit components		<b>✓</b>	<b>✓</b>
Provide a written preventive screening schedule			
Screen for potential Substance Use Disorders (SUDs)		<b>✓</b>	<b>✓</b>

# ADDRESSING CARE GAPS AND PREVENTIVE SCREENINGS

The AWV is an opportunity to review open care gaps with patients and ensure that all vaccinations, screenings and other preventative services are current. These vaccinations and screens are provided by Medicare at no cost to the patients (\* dependent on Part D coverage).







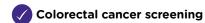












### **BILLING AND CODING**

Billing for additional services is acceptable if you perform services/screenings that are significant and separately identifiable from a AWV. Please review these coding recommendations and best practices.

# **Evaluation and Management (E/M):**

When additional services that are significant and separately identifiable from a Medicare preventive visit are preformed, it is appropriate to bill for an E/M visit in addition to a Medicare preventive visit.

Patients are responsible for any copay/coinsurance and/or deductibles

#### Billing Example

- Medicare Annual Wellness Visit subsequent: G0439
- Level 3 E/M: 99213 with modifier -25

# **Advance Care Planning:**

Advance Care Planning (ACP) is a face-toface service between a qualified health-care professional and a patient to discuss advance directives with or without completing relevant legal forms.

Medicare WAIVES copay/coinsurance and deductible when ACP is completed during on initial or subsequent Medicare AWV.

#### Billing Example

- Medicare AWV subsequent: G0439
- Advance care planning (initial 30 min): 99497
   with modifier -33
- Advance care planning (each additional 30 min):

99498 with modifier -33

**Qualified Health Professionals include:** 

- MD or DO
- Physician Assistant
- APRN

# **Electrocardiogram:**

Routine ECG with 12 leads; performed only as a screening with one-time Welcome to Medicare visit

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Patients are responsible for any copay/coinsurance and/or deductibles

### Billing Example

- With interpretation and report: G0403
- Tracing only: G0404
- Interpretation and report only: G0405

# **Depression:**

The depression screening can only be billed separately for a subsequant AWV [G0439]. It is considered a component of the other AWVs [G0402, G0438] and cannot be billed separately for those visits.

GO444 is depression screening up to 15 minutes. The screening must last at least eight minutes for this code to be used.

#### Billing Example

- Subsequent AWV: G0439
- Depression screening (up to 15 minutes,

8-minute minimum) G0444

### **Vaccinations:**

- Annual Wellness Visit Initial: G0438
- Administration of influenza vaccination: G0008
- Influenza virus vaccine: 90630 and diagnosis

code Z23 (encounter for immunization)

#### Sources:

Medicare Coding Guide: https://www.ama-assn.org/system/files/2020-09/medicare-payer-coding-guide.pdf
ACPonline.org: https://www.acponline.org/practice-resources/business-resources/payment/medicare-payment-and-regulations-resources/medicares-annual-wellness-visit-awv

### PATIENT AND PROVIDER BENEFITS



#### **Quality Outcomes**

- •Health and wellness goals
- Questions and concerns



# Care Management and Risk Capture

- Assess and address issues early before developing into something urgent
- Review care gaps
- •Capture and recapture patient's health risk



#### Cost Savings Initiatives

•AWVs led to a 5.7% deduction in total health-care costs the 11 months following the AWV (AJMC)

### **PATIENT ENGAGEMENT**

Many Medicare beneficiaries are unaware of the three types of Medicare Annual Wellness Visits. In addition to one-on-one conversations with your patients to discuss the importance of an AWV, you can also remind them that this is a free benefit available to them as a Medicare beneficiary. HPP also has a number of resources available to our providers that may encourage your patients to schedule an AWV or participate in self-management after the visit.

## **RESOURCES TO INCREASE ENGAGEMENT**

#### **SNAP**

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition help to low-income individuals and families. SNAP eligibility is based on income and family size. Patients need to apply for SNAP benefits **www.compass.state.pa.us** or their county assistance office.

# Find Help

HPP encourages providers to use Find Help, an online directory of local resources and support organizations, to help members find the resources they need. Visit https://hpp.findhelp.com/ to search for help.

### **SilverSneakers**

All Health Partners Medicare members have access to the SilverSneakers® fitness center network. Patients should visit **www.silversneakers.com** to find a fitness center; SilverSneakers has more than 16,000 participating fitness centers in their network.

### **Rewards & Incentives**

The Wellness Rewards program incentivizes Medicare members to complete specific health-related activities in 2023 to earn money on a reloadable card. Please note that our Medicare rewards program is different from our Medicaid/CHIP rewards program.

Providers are encouraged to visit **www.HPPlans.com/rewards** for a full description of the program.

### **RESOURCES TO INCREASE ENGAGEMENT**

### **Transportation Benefits**

Health Partners Medicare members who live in Pennsylvania have a transportation benefit. Members can use the benefit for trips to and from doctor's visits, other healthcare appointments, and pharmicies.

• Special plan members: Unlimited rides

• Prime: 50 one-way rides

• Complete: 22 one-way rides

#### Please note:

Members use two rides to go to and from a doctor's visit. The benefit is for one-way, not round trip, rides.

#### **BP Cuffs**

Blood pressure cuffs allow patients to monitor their blood pressure and report their results based on your direction. As a provider, you can complete and submit a blood pressure cuff referral form when appropriate for Medicare patients. A prescription from a provider is required. Visit **www.HPPlans.com/cuff** to complete a request form.

# **Advanced Care Planning (ACP)**

Voluntary ACP is a face-to-face service between the physician and a patient discussing advance directives with or without completing relevant legal forms. Because Medicare pays for ACP, you may be reimbursed for advance care planning services.

Examples of Advance Directives include living wills, instruction directives, healthcare proxy and healthcare power of attorney.

# **Medication Management**

HPP has partnered with several vendors and pharmacies that can help support our provider partners with outreach and medication adherence efforts. Our members also have access to pharmacy benefits through their specific health plan. The resource guide can be found on our website at www.HPPlans.com/MedicareMedAdherence.