

Prepare Your Office for Annual Checkups and Well-Child Visits



Now that many of your pediatric patients are back-to-school, it's the perfect time to remind parents about the importance of annual screenings. Regular screenings also help you take full advantage of providing optimal health outcomes for your patients and impact your Quality Care Plus (QCP) incentives, if you participate.

Well-child visits: Preventive screenings increase healthy outcomes for your youngest patients and teens. Consider these tips to stay on track:

Your youngest patients:

- **Newborn checkups:** In order to be compliant and receive the incentive, all six well-child visits must occur **before the patient's 15-month birthday**. Follow these tips:
 - Outreach to members who are not on track to complete all six visits before 15 months. Stratify your population by looking at the 15-month expiration date to prioritize appointments. For example, if a patient has one visit left before their 15-month birthday, try to prioritize this appointment first.
 - Well-child visits have similar coding, depending on the patient's age. Reference your QCP manual for the correct codes or talk to your NAM for a list of the codes and the allowed timeframe for billing.
 - Schedule all visits for the year at the end of the first visit, or one to two months in advance depending on your scheduling.
- **Lead screenings:** Use well-visits and newborn checkups to remind parents about lead screenings and possible risk factors for lead exposure. Add questions about lead exposure, such as possible sources of contamination or the age of the patient's home, as part of your pre-visit process. QCP providers receive an incentive for lead screenings in patients **before age 2**. Patients under 2 are eligible for member incentives for completing a lead screening.
- **Well-child visits (ages 3-6):** You're incentivized for seeing patients between the ages of 3 to 6 years old for their annual well-visit. Work with parents to schedule appointments one to two months in advance and stress the importance of timely well-child visits to parents and caregivers. Consider outreach calls and text reminders to reduce no-shows. Remind patients that they don't have to wait the full 12 months to schedule an annual well visit; eligibility is based on one every calendar year. Scheduling in advance might help avoid delays or no-shows.

Teens and young adults:

- **Well-child visits (ages 12-21):** Many students may need a physical for sports or other school activity. Use this opportunity to remind them of their annual well-child visit. Remember, patients don't have to wait the full 12 months to schedule an annual well visit.



Patients ages 12 to 21 are eligible for member incentives for completing an annual well-visit, which they can use to shop for hundreds of fun, healthy items from the HPP Rewards catalog.

Visit hpprewards.com to learn more.

- **Immunization refresher:** Vaccinations protect all children and are an essential element to preventive care. When enough children get their shots, it helps stop disease from spreading.
- **Childhood immunization status:** Ensure all vaccines (four DTaP, three polio (IPV), one MMR, three HiB, three HepB and one chicken pox) are completed by the **patient's second birthday** to receive your full QCP incentive. Consider offering extended office hours, outreach calls or text reminders to make sure all patients get immunized.
- **Flu vaccines:** Prepare your office for flu vaccines by setting up a separate nurse-only flu shot schedule that is shorter in length, or consider a flu shot clinic day to vaccinate a larger group of patients at the same time.

Dental health: Refer patients to a dental home for dental screenings and services:

- **Annual Dental Visit:** Since dental care is an essential element of primary care, refer patients ages 2 to 20 to a dental home for their annual dental visit (ADV). Patients are also eligible for an incentive of up to \$25 for completing their ADV by the end of 2018.
- **Sealants for children and teenagers:** Refer children ages 6 to 14 at risk of cavities to a dental home for sealant on permanent molars and premolars. Receive your full reimbursement when you use code D1351.



For more information about any of these programs or incentives, contact your NAM or visit hpplans.com/providers. Your NAM can work with you to download care gap reports from NaviNet on flu vaccines and dental care.