



Medicare Diabetes Prevention Program (DPP) Eligibility Requirements / Referral Criteria

ELIGIBILITY REQUIREMENTS (MEDICARE):

Eligible beneficiaries are those who:

- Are enrolled in Medicare Part B
- Have a body mass index (BMI) of at least 25, or at least 23 if self-identified as Asian
- Meet 1 of the following 3 blood test requirements within the 12 months of the first core session:
 - A hemoglobin A1c test with a value between 5.7 and 6.4% , or
 - A fasting plasma glucose of 110-125 mg/dL, or
 - A 2-hour plasma glucose of 140-199 mg/dL (oral glucose tolerance test)
- Have no previous diagnosis of type 1 or type 2 diabetes (other than gestational diabetes)
- Do not have end-stage renal disease (ESRD)
- Once per lifetime limit; no previous receipt of MDPP services
- Provider referrals are not required