



# Care Coordination Support for You and Your Patients

Clinical Programs - Medicaid and CHIP June 18, 2025

# Agenda

Today's presentation will provide a comprehensive look at our clinical programs and resources, including:

- Clinical Connections, which conducts appropriate patient follow-up following a health risk assessment, after a hospital discharge to ensure a patient's safe transition to their home and attempt to enroll high risk members in our Pediatric and Adult Care Coordination programs.
- **Baby Partners**, which offers coordination of care for pregnant members throughout pregnancy and up to 12 months after delivery.
- **Pediatric Care Coordination** for children up to age 21, which provides reminders for parents and guardians to ensure patients receive appropriate screenings with guidance from the EPSDT/Bright **Future** requirements, including help for children with high lead levels, high risk asthma, developmental delays, child admitted to NICU and children with complex needs such as shift care or pediatric residential care.
- Adult Care Coordination for patients (age 21 and older) with a disability or complex/chronic condition.



## Clinical Programs

- Designed to address needs of members across the life continuum
- Staffed by licensed and non-licensed staff
  - Supervised by managers with CCM certification-licensed staff obtain CCM certification within 2 years of hire
- Program Objectives:
  - Support provider's treatment plan and health care goals
  - Reduce or eliminate barriers to care, such as social, behavioral health needs



# Clinical Programs (continued)

- Critical components for all programs:
  - Collaboration with member, family/caregiver, health care providers, community agencies, and other government program (as appropriate)
  - Member-centric/whole-person focus
  - Voluntary, with the ability to opt out at any time by calling our Member Relations or discussing with our Care Coordination staff
  - Telephonic, face to face, email
  - Follow CM process:
    - Assess Needs
    - Identify Goals
    - Develop Plan to Reach Goals
    - Implement Interventions
    - Evaluate Plan Goal Achievement or Readjust as needed
  - Use of PA Navigate/Find Help to identify resources to address social issues that can adversely impact health (SDOH) outcomes



# **Examples of Services Provided**

- Complete needs assessment of physical, behavioral and social needs as well as SOGI, health literacy and ethnic/cultural preferences
- Assist member to prioritize goals and develop plan to address goals
- Referrals to food resources including medically tailored meals and dietary counseling
- Coordination with community resources and programs to address social determinates of health such as childcare, legal assistance, transportation, access to care, utility, financial, and employment/education
- Assistance with appointment scheduling
- Assistance with arranging transportation through Pennsylvania Medical Assistance Transportation Program (MAPT)
- Link to Disease education and understanding their benefits
- Medication adherence tips
- Behavioral health and substance abuse referrals, as needed
- Collaborative care plan goals and interventions with behavioral health MCO
- Transitioning pediatric members to adult benefits and care
- Additional services needed for members with physical or intellectual disability may qualify for a PA waiver and requires coordination with DHS agencies and programs such as early intervention



# Clinical Programs: Medicaid and CHIP

- Clinical Programs activities focus on both long- and short-term goals for members who may require assistance coordinating their care.
- Consider any of these programs for your patients:
  - Clinical Connections
  - Baby Partners Program
  - Pediatric Care Management
  - Adult Care Coordination
- Support Services
  - New Member Health Survey
  - MANNA Medically Tailored Meals
  - Doula Program & Breast Pumps
  - BP Cuff with physician order





## Clinical Connections

- Oversee the member and provider clinical program (special needs) hotlines
  - Triage member and assist with urgent issues
  - Determine if follow up indicated and transition to appropriate care coordination program
- Outreach post inpatient discharge to assist members in adhering with discharge instructions
  - Check in that member following discharge instructions
  - Received any applicable medications, equipment, and home care services
  - Verify, or help schedule, follow up appointment with PCP/specialist
  - Escalate to Care Coordination program if continued needs identified
- Follow up on select responses within Member Health Survey
  - Select responses trigger referral for member outreach such as missing food or utility concerns, medications, behavioral health concerns, pregnancy, and conditions



## Care coordination for prenatal and postpartum members

- Various sources to identify members who are pregnant
- If not already connected, assist member in connecting with OB practice and encourage attendance at all visits, identify pediatrician needs

## Postpartum Home Visit

- •Outreach within 7 days post delivery to ensure postpartum visit is schedule or assist with scheduling
- •If member unable to attend office appointment, member will be offered telehealth or home postpartum visit
- •Care Coordinator stays connected with mother and child for up to 1 year postpartum

## Maternal Home Visiting Referrals

- Home visiting community programs that can start during pregnancy or after birth
- Provide education on child development and parental

## **Breast Pump**

- Can order and receive in third trimester.
- Assist in identification of lactation resources

## Doula Services

- Available for any Medicaid/CHIP pregnant member
- Offers support during prenatal, birth and postpartum

### **Blood Pressure Cuffs**

Updated guidelines and order form for Blood Pressure cuff





#### Non-clinical home visit

#### Program Eligibility

- Pregnant women
- Children birth to at least 18 months (some programs can extend to 3-5 years old children)

#### Examples of programs include:

- Nurse-Family Partnership
- Parents as Teachers
- Early Head Start
- Healthy Families America

## Programs focus on:

- Parental education of early childhood development and positive parenting practices
- Assist in detection of developmental delays and connection to additional services
- Promote parent, child and family health and wellness
- Strengthen community connectedness
- Address social issues impacting health and wellness of family

#### Program Referrals

- Families self-refer
- Baby Partners and Pediatric Care Coordinators educate members and refer pregnant women/families with children 18 months or younger
- Healthcare providers can make referral either directly or contact Baby Partners to make referrals





#### Complex/Rising Risk

- For Medicaid and CHIP members under the age of 21
- Reminders about important preventive services (such as lead screening and connection to services for developmental delay concerns) for members under the age of 21
- Coordinate with OCYF as needed
- Care Coordination and disease education for children with at risk and complex conditions such as
- elevated lead levels
- developmental Delay
- coordination with Behavioral Health MCO
- asthma
- Diabetes
- Complex NICU graduates
- identify and coordinate

#### Shift Care/Pediatric LTC -Fragile Children

- Medical members 21 years and younger
- Often receiving shiftcare, medical daycare and/or reside in pediatric long term care facility
- Coordinate wit UM team as well as provider to help member select shift care staffing
- Coordinate with Office of Developmental Programs' Family Facilitator and school as needed as well as child's family and healthcare providers





## **Adult Care Coordination**

- Physical and behavioral health care coordination, disease education, and connection to supplemental benefits and Jefferson Health Plans programs, community resources for adult members with multiple co-morbidities and/or special needs
- Multiple Referral Sources:
  - Predictive Modeling
  - Member/Provider Referrals
  - Government agency referrals
  - Health Survey trigger responses
  - Behavioral Health MCOs
  - Other internal Health Partners teams such as Medical Management and Pharmacy
- Conduct needs assessment with member to identify areas Care Coordinator can assist
- Develop plan of care to address goals and monitor intervention and progress





Jefferson Health Plans has partnered with Metropolitan Area Neighborhood Nutrition Alliance (MANNA) to provide medically tailored meals to members with complex health care needs and high-risk pregnancy



This partnership has proved to be successful in helping members

Understand their diet Lose weight Improve some important disease state measures like A1c levels Engage in their own health care



Program consists of 3 meals per day along with nutritional counseling for 12-weeks

At end of 12 weeks, may decide to extend program for additional 6 weeks based on member's progress and adherence with the meal plan





# Hypertension Management: **Blood Pressure** Cuffs

- Blood pressure cuffs are allowable benefit for Medicaid and CHIP members who need to providers to monitor their blood pressure
  - A prescription or physician order form is required
  - Allow one per year
  - All members with hypertension and all pregnant members are eligible
  - Age limit for cuff no longer applies
- Cuff must be obtained from DME supplier
- For provider convivence, can complete online order form and send to DME supplier listed
  - https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents /providers/tools-and-resources/form-and-supply-requests/pc-420-nm-2025-0008-hdisblood-pressure-monitor-rx-referral-form.pdf

# Together we can improve health care!



Call: Clinical Connections: 215-548-4797 (non-perinatal member)

Call: Baby Partners Provider Line: 833-705-3751 (perinatal member)

Hours: 8:00 AM- 4:30 PM



**EMAIL:** ClinicalConnections@Jeffersonhealthplans.com

Email should include the Referral Form as an attachment

https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/pro viders/tools-and-resources/form-and-supply-requests/provider-referral-form.pdf



Fax: Fax the Clinical Programs Provider Referral Form (form on Jefferson Health Plans website HPPlans.com/forms) to 215-845-4181



#### Clinical Program Provider Referral Form

• https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/providers/toolsand-resources/form-and-supply-requests/provider-referral-form.pdf

#### MANNA Program

https://www.healthpartnersplans.com/home/providers/clinical-resources/manna-referral-program/

• https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/providers/toolsand-resources/form-and-supply-requests/manna-physician-referral-form.pdf

#### Blood Pressure Cuff Order Form

•https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/providers/tools-andresources/form-and-supply-requests/pc-420-nm-2025-0008-hdis-blood-pressure-monitor-rx-referral-form.pdf

#### **Breast Pump Order Form**

•https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/providers/tools-andresources/form-and-supply-requests/hdis-breast-pump-referral-form-2023.pdf

#### Behavioral Health Managed Care Organization Information

https://www.pa.gov/agencies/dhs/resources/medicaid/bhc/bhc-mcos.html

#### TIPS (Telephonic Psychiatric Consultation Services Program) - for children

• https://www.healthpartnersplans.com/home/providers/clinical-resources/tips-consultation-service

#### Maternal/Child Home Visiting Program

https://www.healthpartnersplans.com/home/providers/clinical-resources/baby-partners/

#### Baby Partner Resources with Doula information

•https://www.healthpartnersplans.com/content/dam/jeffersonhealthplans/documents/providers/clinicalresources/baby-partners/baby-partners-care-coordination-resource-guide.pdf

#### County Assistance Office (CAO) Contact Information

https://www.dhs.pa.gov/Services/Assistance/Pages/CAO-Contact.aspx

#### Medial Assistance Transportation Program

•http://matp.pa.gov/







Please use the Q&A panel for all questions. Questions For any additional questions that may arise, please email: providereducation@jeffersonhealthplans.com



