

Vaccines for Children

Vaccines (also called immunizations or shots) are important because they help prevent your child(ren) from getting diseases. Vaccines are safe and effective for children to receive at recommended ages. The Centers for Disease Control and Prevention (CDC) website has a lot of useful information and tips about vaccines.



Why are vaccines important?



Children are exposed to thousands of germs every day from food, air and things they put into their mouths.



Vaccines strengthen your child's immune system against germs. Babies are born with immune systems that can fight some germs but there are deadly diseases that they cannot handle. The good news is that there are many vaccines that will protect them against those diseases!

What should I do?

- Visit [cdc.gov/vaccines/parents](https://www.cdc.gov/vaccines/parents) to see which vaccines your child should get at what age.
- Talk to your child's doctor to make sure your child is up to date with vaccines.
- Call Member Relations at **1-888-477-9800 (TTY 1-877-454-8477)** if you need help making an appointment.

Vaccines are available at no cost to you. We want to make sure your child is safe and healthy. If you need more information, please call Member Relations at **1-888-477-9800 (TTY 1-877-454-8477)**.

View CDC's Vaccine Schedules!

For Children - Scan the QR code or visit [cdc.gov/vaccines/parents](https://www.cdc.gov/vaccines/parents) to see vaccines by age

For all ages - Visit [cdc.gov/vaccines](https://www.cdc.gov/vaccines).



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ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call: 1-888-477-9800 (TTY 1-877-454-8477).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-477-9800 (TTY 1-877-454-8477).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-477-9800 (телетайп ТТТ 1-877-454-8477).



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