



**MEDICARE ADVANTAGE
PRIOR AUTHORIZATION REQUEST FORM**

HRM - Skeletal Muscle Relaxants

Phone: 215-991-4300

Fax back to: 866-371-3239

Jefferson Health Plans manages the pharmacy drug benefit for your patient. Certain requests for coverage require review with the prescribing physician. Please answer the following questions and fax this form to the number listed above.

PLEASE NOTE: Any information (patient, prescriber, drug, labs) left blank, illegible, or not attached WILL delay the review process.

Member Name:	Prescriber Name:	
Member Number:	Fax:	Phone:
Date of Birth:	Office Contact:	
Line of Business: <input type="checkbox"/> Medicare Advantage	NPI:	State Lic ID:
Address:	Address:	
City, State ZIP:	City, State ZIP:	
Primary Phone:	Specialty/facility name (if applicable):	

☐ **REQUEST FOR EXPEDITED REVIEW:** By checking this box and signing below, I certify that applying the 72 hour standard review timeframe may seriously jeopardize the life or health of the enrollee or the enrollee's ability to regain maximum function.

Drug Name:	
Strength:	
Directions / SIG:	

Please attach any pertinent medical history including labs and information for this member that may support approval.
Please answer the following questions and sign.

Q1. Is this an initial request of a high-risk medication? If YES, go to 3. If NO, go to 2.

☐ Yes

☐ No

Q2. Does the benefit continue to outweigh the potential risk of the high-risk medication?

☐ Yes

☐ No

Q3. Is the patient 65 years of age or older? If YES, go to 4.

☐ Yes

☐ No

Q4. Are chart notes attached documenting an explanation of the risk versus benefit profile which shows the benefit outweighs the potential risk for the use of the high-risk medication? If YES, go to 5.

☐ Yes

☐ No

Q5. Has the prescriber provided an attestation of intent to monitor and address treatment-related adverse events?

☐ Yes

☐ No



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<p>Q6. If the patient is taking one or more additional anticholinergic medications (e.g., oxybutynin, meclizine, paroxetine, amitriptyline, dicyclomine) with the requested drug, has the prescriber determined that taking multiple anticholinergic medications is medically necessary for the patient? (Note: Use of multiple anticholinergic medications in older adults is associated with an increased risk of cognitive decline). If YES or not applicable, go to 7.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q7. Are chart notes attached documenting the patient has skeletal muscle spasms? If YES, go to 8. If NO, go to 9.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q8. Has the patient had an inadequate response or inability to tolerate at least two (2) non-high risk formulary alternatives, such as tizanidine tablet, baclofen, dantrolene, methocarbamol 500 mg or 750 mg?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q9. Are chart notes attached documenting the patient has fibromyalgia? If YES, go to 10.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q10. Has the patient had an inadequate response or inability to tolerate at least two (2) non-high risk formulary alternatives, such as duloxetine, gabapentin, or pregabalin?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q11. I have educated the member regarding the risks of taking multiple anticholinergic medications, and the member accepts these risks.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>Q12. If applicable, I have consulted with the other prescribers involved in concomitant anticholinergic therapy for this member.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> NA</p>
<p>Q13. I acknowledge, as the prescriber initiating or maintaining multiple anticholinergic medications, the risk of adverse event(s) associated with concurrent utilization.</p>



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Member Name:	Prescriber Name:
<input type="checkbox"/> Yes	<input type="checkbox"/> No
Q14. Requested Duration:	
<input type="checkbox"/> 12 months	<input type="checkbox"/> Other
Q15. Additional Information:	

Prescriber Signature

Date

v2026