

You CAN Quit Smoking – We CAN Help

Do you want help to stop smoking?

Health Partners wants to help you, whether this is your first try at quitting or even if you have tried before and started smoking again. Health Partners wants to help you become smoke and tobacco free.

Medicines

- Health Partners pays for medicines that can help you.
- Please see the chart below for a list of quit smoking medications that we cover.
- To get medicines to help you stop smoking, call your doctor for an appointment.

Counseling services

- Health Partners covers counseling to help quit smoking for members in all of our Healthier YOU disease management programs. This includes members who have asthma, diabetes and heart disease, as well as children and teens needing weight management services.
- Health Partners also covers quit smoking counseling for pregnant women and new moms in our Baby Partners program.
- For more information or to enroll in these programs and get quit smoking counseling, call 1-866-500-4571 (TTY 1-877-454-8477).

Help with anxiety, depression or mental health while you are trying to quit

Mental health services are offered by a behavioral health agency in your county, not by Health Partners. Please see “Mental Health Services” in section 7 of this handbook for phone numbers for each county.

Health Partners also offers:

- A fitness benefit. Regular exercise can help you reduce anxiety while you quit smoking. See “Fitness Club Membership” in section 5 of this handbook for more information.
- Our Stop Smoking Now brochure with helpful information about quitting. View or download it from the Healthier YOU section of our website at www.healthpart.com, or call Member Relations anytime to request a copy.
- Additional information and links to other online resources on our website, www.healthpart.com.

Even if medicine or counseling did not work before, that doesn’t mean they will never work for you.

The Pennsylvania Department of Health also wants you to succeed in your quit attempt. That’s why they created the Pennsylvania Free Quitline. If you are considering quitting smoking, call the Pennsylvania Free Quitline today at 1-877-724-1090.

Remember: People often try to quit several times before they succeed. Just because you have tried before, does not mean it isn’t time to try again.

Medicines to help you quit smoking: Health Partners covers many quit smoking products. We do not cover brand name drugs that can be gotten as generics, unless your doctor gets prior authorization (plan approval).

Product	Covered	Prior Authorization Needed?
Gum	Yes	No
Inhaler	Yes	No
Lozenges	Yes	No
Nasal Spray	Yes	No
Patch	Yes	No
Budeprion (generic for Wellbutrin)	Yes	No
Buproban (generic for Zyban)	Yes	No
Bupropion (generic for Wellbutrin and Zyban combination)	Yes	No
Chantix (generic for Varenicline)	Non-Formulary	Yes (letter of medical necessity)
Wellbutrin (brand only)	Non-Formulary	Yes (letter of medical necessity)
Zyban (brand only)	Non-Formulary	Yes (letter of medical necessity)